

Sunday, May 3, 2020 - Fourth Sunday after Pascha – Sunday of the Paralytic; Repose of our Venerable Father Theodosius, Hegumen of the Monastery of the Caves at Kyiv & Organizer of the Cenoebitic (Common) Life in Rus’ (1074) & the Holy Martyrs Timothy and Maura (286-305)

After “Blessed is the kingdom...” the priest sings “Christ is risen...” in its entirety twice, and again: “Christ is risen from the dead, trampling death by death.” The people then sing: “And to those in the tombs, giving life.”

Troparia and Kontakia *Troparion, Tone 3:* Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Troparion, Tone 8: Raised in virtue, O father Theodosius,* from childhood you loved the monastic life* and attained your desire courageously.* You lived in a cave adorning your life with fasting and radiance* and abided in prayer like the bodiless powers.* You shone like a beacon in the land of Rus’.* Entreat Christ God to save our souls.

Kontakion, Tone 3: Today we revere the star of Rus’, blessed Theodosius,* who shone from the east and came to the west;* for he enriched this whole land and all of us* with gentleness and miraculous wonders* by the practice and the grace of the monastic rule.

+Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 3: Lord, as of old You raised the Paralytic,* lift my soul by Your divine presence,* for by many sins and foolish actions,* I, too, am now afflicted and crippled.* Raise me, that being saved I may cry to You:* Glory to Your power, O merciful Christ.

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One,* yet You destroyed the power of Hades,* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 1 Let Your mercy, O Lord, be upon us, as we have hoped in You. *verse:* Rejoice in the Lord, O you just; praise befits the righteous. (*Psalms 32:22,1*)

Prokeimenon, Tone 7 Precious in the sight of the Lord is the death of His venerable ones.

Epistle – A reading from the Acts of the Apostles & Paul’s Letter to the Hebrews

Acts 9:32-42 Now as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, “Aeneas, Jesus Christ heals you; rise and make your bed.” And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, “Please come to us without delay.” So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, “Tabitha, rise.” And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Hebrews 13:7-16 Brothers and sisters: Remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. Jesus Christ is the same yesterday and today and for ever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no

right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we seek the city which is to come. Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Alleluia, Tone 1 *verse:* Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation. *verse:* For You have said, “Mercy will be established forever.” (*Psalms 32:22,1*)
verse: Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments. *verse:* His posterity shall be mighty upon the earth. (*Psalms 111:1,2*)

Gospel

John 5:1-15 After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Beth-zatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, “Do you want to be healed?” The sick man answered him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, “It is the sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’ ” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’ ” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befall you.” The man went away and told the Jews that it was Jesus who had healed him.

Matthew 11:27-30 All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and any one to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Hymn to the Mother of God The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest. (*Psalms 148:1*)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (*Psalms 111:6*)

Instead of “Blessed is He Who comes...” and instead of “We have seen the true light...” we sing:
Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of “May our mouths be filled...” we sing three times:
Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

Instead of “Blessed be the name of the Lord...” we sing three times:
Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

At the dismissal, instead of “Glory be to the Father and the Son and the Holy Spirit, now and forever and ever. Amen.” we chant:
Christ is risen from the dead,* trampling death by death,* and to those in the tombs* giving life.

After the final Amen, the priest, with cross raised on high, exclaims “Christ is risen” thrice and we respond “Truly, He is risen” each time. Then, the Troparion “Christ is risen” is sung as at the beginning of the Liturgy, but with the addition:
And to us He has granted life eternal;* we bow down before His resurrection on the third day.