



Р+ УКРАЇНЬСЬКА ГРЕКО-КАТОЛИЦЬКА ЦЕРКВА СВ. ЙОСАФАТА  
ST. JOSAPHAT UKRAINIAN CATHOLIC CHURCH

### Бюлетень – Bulletin

8624 White Oak Avenue Munster, Indiana 46321-2736  
Hall 219-838-9811- Please leave a message or call Father  
e-mail: [st.josaphat@comcast.net](mailto:st.josaphat@comcast.net)

**Pastor:** Very Reverend Father Volodymyr Kushnir – Cell phone: 773-979-4737  
**YouTube & Facebook:** “St. Josaphat Ukrainian Catholic Church, Munster IN”  
**Webpage:** <https://stjosaphatugcc.org/>

**March 2, 2025**

## Sunday of Cheesefare; The Holy Hieromartyr Theodotus, Bishop of Cyrenia.

**Tone 8**

### Schedule of Sunday Services

**3.2.2025 – Неділя Сиропусна.**

9:30 a.m. - Вервиця і сповідь  
10:00 a.m. - Служба Божа

**3.9.2025 – 1-а Неділя Посту**

9:30 a.m. - Вервиця і сповідь  
10:00 a.m. - Служба Божа

**3.2.2025 – Cheesefare Sunday**

9:30 a.m. – Rosary and Reconciliation  
10:00 a.m. – Divine Liturgy

**3.9.2025 – 1<sup>st</sup> Sunday of the Great Fast**

9:30 a.m. – Rosary and Reconciliation  
10:00 a.m. – Divine Liturgy

## *Lent starts on Monday, March 3, 2025!*

### What are the Guidelines for the Great Fast (Lent)?

The Great Fast, or Lent, begins forty days before Palm Sunday, on the Monday after Forgiveness Sunday (Cheese-Fare Sunday), and lasts until the Friday preceding Palm Sunday. Holy Week is a special Fast in honor of our Lord's Passion, and lasts from the evening of Palm Sunday until Holy Saturday inclusive.

**Abstinence** means that we do not eat a certain type of food or any other foods that have that as an ingredient. **Fasting** means that we eat less food. A general rule is that for a day of fast, the amount of food of the main meal is less than the other two meals combined. Meat and dairy should be abstained from on the first day of the Great Fast and Good Friday, meat should not be eaten on Fridays and Holy Saturday.

**Those exempt from fasting and abstinence are:** Children under the age of 14, Adults over the age of 60, those who are gravely ill, pregnant women, post-partum or breast-feeding mothers, travellers (if travel time exceeds 8 hours), those engaged in heavy labor, those who eat from the table of others, and the poor who live from charity. These exemptions are not a requirement, but use good judgement if you do fast/abstain.

## March 9, 2025 - Spiritual Renewal and Pilgrimage to Shrine of Christ's Passion, St. John Indiana with Bishop Benedict

11:00 am  
Stations of the Cross

12:30 pm  
Time for lunch

2:00 pm Akathist

2:30 pm Divine Liturgy with Bishop Benedict



11:00  
Хресна Дорога

12:30  
Час для Обіду

2:00 Акафіст

2:30 Архиєрейська Літургія з Владикою Венедиктом

*Shrine of Christ's Passion, 10630 Wicker Ave., St John IN 46373*

### Парафіяльні Оголошення

1. Запрошуємо долучатись усіх бажаючих для приготування вареників. Просимо приходити у четвер вранці для підготовки продуктів і у п'ятницю для ліплення.
2. Ласкаво запрошуємо всіх відвідувачів загостити до нас на каву, канапки і солодке у церковному залі після Святої Літургії.
3. Ми закликаємо всіх наших парафіян молитися за мир у світі, особливо про закінчення війни та мир в Україні.

### Parish Announcements

1. We are in need of additional volunteers for our pyrohy ministry, especially in the food preparation area (Thursday morning) and in the cooking area (Friday).
2. A warm welcome to all our visitors today. We invite you to join us for coffee, sandwiches and sweets following our Liturgy.
3. Please pray to God for peace in the world, especially for the end of the war and peace in Ukraine.

### *Collections for Sunday, February 23, 2025:*

**Envelopes: \$495.00**

**Loose Cash: \$220.00**

**Candles: \$126.00**

**TOTAL: \$841.00**

Please mail your donations to: St. Josaphat, 8624 White Oak Ave, Munster IN 46321. THANK YOU!

## Prayer list of the sick or aged parishioners & friends of the parish



Pat Baker, Donald William Churilla, Olga Wasylofsky, Charlotte Scheuer, Teodozia Shyika Lucyk, Stephanie Babij, Georgia Sosnowski, Myroslava Iwachiw, Irene Karpinec, and young Samuel Rocha. Remember those who suffered or died due to Covid 19. Please pray for those who have been killed, injured or displaced due to war in Ukraine.

If you know of someone who should be on this list, please let me know the name of the individual. Our intercessory prayer for the sick and aged is truly helpful and comforting. Father Volodymyr would like to visit our sick and elderly parishioners, especially those who cannot be with us for liturgies. Please call him at 773-979-4737 to let him know who would like a visit. О. Володимир бажає відвідати хворих та старших парафіян, які не можуть приходити до церкви. Просимо повідомити його за номером 773-979-4737.

*With extreme cold weather and rising prices, please remember those who have less. Donated food items are given to the local food pantry. Please show your thanks to God for what you have by sharing generously with others.*



### *A Sacrifice to God is a Contrite Spirit*

I acknowledge my transgression, says David. If I admit my fault, then you will pardon it. Let us never assume that if we live good lives we will be without sin; our lives should be praised only when we continue to beg for pardon. But men are hopeless creatures, and the less they concentrate on their own sins, the more interested they become in the sins of others. They seek to criticize, not to correct. Unable to excuse themselves, they are ready to accuse others. This was not the way that David showed us how to pray and make amends to God, when he said: I acknowledge my transgression, and my sin is ever before me. He did not concentrate on others' sins; he turned his thoughts on himself. He did not merely stroke the surface, but he plunged inside and went deep down within himself. He did not spare himself, and therefore was not impudent in asking to be spared.

Do you want God to be appeased? Learn what you are to do that God may be pleased with you. Consider the psalm again: If you wanted sacrifice,

I would indeed have given it; in burnt offerings you will take no delight. Are you then to be without sacrifice? Are you to offer nothing? Will you please God without an offering? Consider what you read in the same psalm: If you wanted sacrifice, I would indeed have given it; in burnt offerings you will take no delight. But continue to listen, and say with David: A sacrifice to God is a contrite spirit; God does not despise a contrite and humble heart. Cast aside your former offerings, for now you have found out what you are to offer. In the days of your fathers you would have made offerings of cattle – these were the sacrifices. If you wanted sacrifice, I would indeed have given it. These then, Lord, you do not want, and yet you do want sacrifice.

A sacrifice to God is a contrite spirit; God does not despise a contrite and humble heart. You now have the offering you are to make.

*St. Augustine of Hippo*

## CHEESEFARE SUNDAY



*Icon of Christ the Teacher*