



+ УКРАЇНЬСЬКА ГРЕКО-КАТОЛИЦЬКА ЦЕРКВА СВ. ЙОСАФАТА  
ST. JOSAPHAT UKRAINIAN CATHOLIC CHURCH

## Бюлетень – Bulletin

8624 White Oak Avenue Munster, Indiana 46321-2736  
Hall 219-838-9811- Please leave a message or call Father  
e-mail: [st.josaphat@comcast.net](mailto:st.josaphat@comcast.net)

**Pastor:** Very Reverend Father Volodymyr Kushnir – Cell phone: 773-979-4737  
**YouTube & Facebook:** “St. Josaphat Ukrainian Catholic Church, Munster IN”  
**Webpage:** <https://stjosaphatugcc.org/>

**March 5, 2023**

**Second Sunday of the Great Fast: St. Gregory of Palamas.  
The Holy Martyr Conon (249-251)**

**Tone 6**

### Schedule of Sunday and Weekday Services

#### 3.5.2023 – 2-а Неділя Посту

9:30 a.m. - Вервиця і сповідь  
10:00 a.m. - Служба Божа

#### 3.8.2023 – 5:00 p.m.

Хресна дорога та Сорокоусти

#### 3.12.2023 – 3-а Неділя Посту

9:30 a.m. - Вервиця і сповідь  
10:00 a.m. - Служба Божа

#### 3.5.2023 – 2nd Sunday of the Great Fast

9:30 a.m. - Rosary and Reconciliation  
10:00 a.m. - Divine Liturgy  
Intention: +Natalia Wilk, Vaughn family

#### 3.8.2023 – 5:00 p.m.

Stations of the Cross & Sorokousty

#### 3.12.2023 – 3rd Sunday of the Great Fast

9:30 a.m. - Rosary and Reconciliation  
10:00 a.m. - Divine Liturgy

### Sunday Collections for February 26, 2023:

Envelopes: \$462.00

Loose Cash & Check: \$82.00

Candles: \$79.00

TOTAL: \$623.00

**Aid to Ukraine: \$81.00**

Please mail your donations to: St. Josaphat, 8624 White Oak Ave, Munster IN 46321. THANK YOU!

*With unstable weather and rising prices, please remember those who have less. Donated food items are given to the local food pantry. Please show your thanks to God for what you have by sharing generously with others.*

*Prepare for Pascha (Easter) during the Great Fast (Lent) through prayer, fasting, abstinence, penance and sacrifice.*

### Парафіяльні Оголошення

1. В часі Великого посту ми традиційно молимося за усіх усопших з наших родин (Сорокоусти). Якщо ви бажаєте, щоб імена померлих ваших рідних згадувались під час Сорокоустів, будь ласка, впишіть їхні імена.
2. Запрошуємо долучатись усіх бажаючих для приготування вареників. Просимо приходити у четвер вранці для підготовки продуктів і у п'ятницю для ліплення.
3. Ласкаво запрошуємо всіх відвідувачів загостити до нас на каву, канапки і солодке у церковному залі після Святої Літургії.
4. Ми закликаємо всіх наших парафіян молитися за мир у світі, особливо про закінчення війни та мир в Україні.

### Parish Announcements

1. During Great Lent we traditionally pray for all reposed in the Lord loved ones (Sorokousty). If you would like to pray for your deceased relatives, please provide list of their names.
2. We need additional volunteers for our pyrohy ministry, especially in the food preparation area (Thursday morning) and in the cooking area (Friday).
3. A warm welcome to all our visitors today. We invite you to join us for coffee, sandwiches and sweets following our Liturgy.
4. Please pray to God for peace in the world, especially for the end of the war and peace in Ukraine.

### Prayer list of the sick or aged parishioners & friends of the parish



George Wasyliw, Stephanie Babij, Lola Woloch, Nadia Kuszniir, Charlotte Scheuer, John Lackhouse, Georgia Sosnowski, Olga Wasyłowsky, Myroslava Iwachiw, Irene Karpinec, Teodozia Shyika Lucyk, Howard Vaughn, and young Samuel Rocha.

Remember those who have suffered due to Covid 19. Please pray for those who have been killed, injured or displaced due to war in Ukraine.

If you know of someone who should be on this list, please let me know the name of the individual. Our intercessory prayer for the sick and aged is truly helpful and comforting. Father Volodymyr would like to visit our sick and elderly parishioners, especially those who cannot be with us for liturgies. Please call him at 773-979-4737 to let him know who would like a visit. О. Володимир бажає відвідати хворих та старших парафіян, які не можуть приходити до церкви. Просимо повідомити його за номером 773-979-4737.



## Who is Saint Gregory of Palamas?

St. Gregory was born in Constantinople in the year 1296 to a wealthy family: his father was a Senator of the Byzantine empire. Emperor Andronikos II Paleologos admired the youth's intelligence & talents and hoped to use his service in the imperial court. Gregory, however, was searching for "the one thing needful" - the one thing that is eternal & will truly satisfy a man's heart. He set off to the monasteries of Mount Athos, Greece and became a disciple of experienced spiritual guides who taught him what is called the Prayer of the Heart or the Jesus Prayer (Lord Jesus Christ, Son of God, have mercy on me a sinner). Gregory learned to combine this prayer with solitude and silence combined with physical exercises & breathing methods. This practice of prayer is called hesychasm from the Greek word hesychos meaning inner stillness, peace or silence. By this kind of prayer Gregory & his fellow monks fulfilled the command of the Holy Apostle Paul to "pray without ceasing". With prayer, repentance, fasting, struggle against the passions & service to their brethren, the monks experienced God's vision for their lives: to know Him, experience Him, share His life, to become one with Him. In 1326 with the threat of a Turkish invasion hanging over Mount Athos, Gregory moved to the city of Thessalonica where he was ordained as a priest. There he divided his time between hesychasm & service to the people of the city. He later returned to Mount Athos, serving for a time as the abbot of Esphigmenou Monastery. He was eventually consecrated as the metropolitan of Thessalonica in 1347. In 1354 a ship he was sailing on was captured by Turkish pirates, he was beaten, imprisoned and eventually ransomed. He died on November 14, 1359 with his dying words "To the heights! To the heights!"



### *Sabbath Renewal*

Another reason why the Sabbath day was blessed is that He who formed this world in six days foresaw that man would turn towards evil and would, as a result, go back to the ground, descend to Hades, and be imprisoned there; and this whole world would grow old and useless because of man, but would be renewed by God becoming man. This renewal was effected when God incarnate descended into Hades through death and declared there on the Sabbath the recall of souls. It was because He foresaw that this would happen on the Sabbath that He rightly deemed it the only day worthy to be blessed. However, although this work was secretly made ready on the seventh day, the Sabbath, everything was clearly brought to light and accomplished when the body too

had been summoned to immortality through the Lord's Resurrection on the eighth day. This is why we call it the Lord's Day. As Friday, the day of preparation, stands in relation to the Sabbath, so is the Sabbath in comparison with Sunday, which is obviously superior to it. As perfection and reality surpass beginning, pattern, and shadow, so is Sunday more excellent and honorable, because on it the exceedingly blessed work was finished, and on it we await the General Resurrection of all, the perfect entry of the saints into the divine rest and dissolution of the world into its elements.

*St. Gregory Palamas*

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## SECOND SUNDAY OF THE GREAT FAST SAINT GREGORY PALAMAS



*Icon of the Healing of the Paralytic -- Mark 2:1-12*